# On regularity properties of solutions to hysteresis-type problems * 

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#### Abstract

We consider equations with the simplest hysteresis operator at the right-hand side. Such equations describe the so-called processes "with memory" in which various substances interact according to the hysteresis law.

We present some results concerning the optimal regularity of solutions. Our arguments are based on quadratic growth estimates for solutions near the free boundary.


## 1 Introduction.

In this paper we study the regularity properties of bounded solutions of the following parabolic free boundary problem:

$$
\begin{equation*}
H[u]=h[u] \quad \text { in } \quad Q=\mathcal{U} \times] 0, T] . \tag{1}
\end{equation*}
$$

Eq. (1) is understood in the weak (distributional) sence. Here $H=\Delta-\partial_{t}$ is the heat operator, $\mathcal{U}$ is a domain in $\mathbb{R}^{n}$, and $h$ is a hysteresis-type operator acting from $C(\bar{Q})$ to $\{ \pm 1\}$ which is defined as follows.

We fix two numbers $\alpha$ and $\beta(\alpha<\beta)$ and consider a multivalued function

$$
f(s)=\left\{\begin{array}{rll}
-1, & \text { for } & s \in]-\infty, \alpha] \\
1, & \text { for } & s \in[\beta,+\infty[ \\
-1 \text { or } 1, & \text { for } \quad s \in] \alpha, \beta[.
\end{array}\right.
$$

[^0]For $u \in C(\bar{Q})$ we suppose that on the bottom of the cylinder $Q$ the initial values of $u$ as well as of $h[u](x, 0):=f(u(x, 0))$ are prescribed.

After that for every point $z=(x, t) \in Q$ the corresponding value of $h[u](z)$ is uniquely defined in the following manner. Let us denote by $E$ a set of points

$$
E:=\{z \in Q: u(z) \leqslant \alpha\} \cup\{z \in Q: u(z) \geqslant \beta\} \cup\{\mathcal{U} \times\{0\}\}
$$

In other words, $E$ is a set where $f(u(z))$ is well-defined.
If $z \in E$ then $h[u](z)=f(u(z))$. Otherwise, for $z=(x, t) \in Q$ such that $\alpha<u(z)<\beta$ we set

$$
\begin{equation*}
h[u](x, t)=h[u](x, \hat{t}(x)) . \tag{2}
\end{equation*}
$$

Here

$$
\hat{t}(x)=\max _{[0, t]}\{s:(x, s) \in E\}
$$

Roughly speaking, condition (2) means that the hysteresis function $h[u](x, t)$ takes for $u(x, t) \in(\alpha, \beta)$ the same value as "at the previous moment" (see Figure 1).


Figure 1: The hysteresis operator $h$
Let us emphasize that for fixed $x$ a jump of $h[u](x, \cdot)$ can happen only on thresholds $\{u(x, t)=\alpha\}$ and $\{u(x, t)=\beta\}$. Moreover, "jump down" (from $h=1$ to $h=-1$ ) is possble on $\{u(x, t)=\alpha\}$ only, whereas "jump up" (from $h=-1$ to $h=1$ ) is possible on $\{u(x, t)=\beta\}$ only.

Thus, the cylinder $Q$ consists of two disjoint regions where $h[u]$ assumes the values +1 and -1 , respectively. If $u$ is a solution of (1) then the interface between these two regions is apriori unknown and, therefore, may be considered as the free boundary.

We suppose also that

$$
\begin{equation*}
\sup _{Q}|u| \leqslant M \quad \text { with } \quad M>1 . \tag{3}
\end{equation*}
$$

Since the right-hand side of (1) is bounded, the general parabolic theory (see, e.g. [LSU67]) implies for any $\epsilon>0$ the estimates

$$
\begin{equation*}
\left\|\partial_{t} u\right\|_{q, Q^{\epsilon}}+\left\|D^{2} u\right\|_{q, Q^{\epsilon}} \leqslant N_{1}(\epsilon, q, M) \quad \forall q<\infty, \tag{4}
\end{equation*}
$$

where $\left.\left.Q^{\epsilon}=\mathcal{U}^{\epsilon} \times\right] \epsilon^{2}, T\right], \mathcal{U}^{\epsilon} \subset \mathcal{U}$ and dist $\left\{\mathcal{U}^{\epsilon}, \partial \mathcal{U}\right\} \geqslant \epsilon$.
We note that if $\partial \mathcal{U}$ as well as the values of $u$ on the parabolic boundary of $Q$ are smooth then in the whole cylinder $Q$ the corresponding estimates of $L^{q}$-norm for $\partial_{t} u$ and $D^{2} u$ are true.

In particular, (4) implies that $u$ satisfies (1) a.e. in $Q$ and, consequently, the $(n+1)$-dimensional Lebesgue measure of the sets $\{u=\alpha\}$ and $\{u=\beta\}$ equals zero. In addition, functions $u$ and $D u$ are Hölder continuous in $Q$.

Equation of type (1) arises in various biological and chemical processes in which diffusive and nondiffusive substances interact according to hysteresis law (see, for instance, [Kop06], and references therein). Despite the large number of applications there are only several publications devoted to equations involving a spatially distributed hysteretic discontinuity. We are only aware of the results of [GST13] and [GT12], where the one-(space)dimensional case were studied. In the paper [GST13] the authors proved the local existence of solutions of (1) under the assumption that the corresponding initial data are spatially transverse. This transversality property roughly speaking means that the solution has a nonvanishing spatial gradient on the free boundary. It was also shown in [GST13] that transversal solutions depend continuously on initial data. A theorem on the uniqueness of solutions was established in [GT12] under the similar assumption about transversality of solutions. Observe also that to our knowledge the regularity properties of solutions to equation (1) has not previously been studied.

In this paper we are interested in local $L^{\infty}$-estimates for the derivatives $D^{2} u$ and $\partial_{t} u$ of the function $u$ satisfying (1). We do not suppose that our solutions have the transversality property.

The paper is organized as follows. In Section 2 we introduce notations used in this paper, describe the different components of the free boundary
and formulate the main result of the paper: Theorem 2.3. In Section 3 we show the continuity of the time-derivative $\partial_{t} u$ across the special part of the free boundary where the spatial gradient $D u$ does not vanish, and estimate $\left|\partial_{t} u\right|$ on this part unformly by a constant depending only on given quantities. Further, in Section 4 we verify that positive and negative parts of the space directional derivatives $D_{e} u$ for any direction $e \in \mathbb{R}^{n}$ are sub-caloric outside some "pathological" part of the free boundary. We use this information in Section 5 for proving the quadratic growth estimates which are crucial for the final estimates of the higher order derivatives. The uniform $L^{\infty}$ estimates of $\partial_{t} u$ and $D^{2} u$ depending on given quantities and on the distance to the "pathological" part of the free boundary are obtained in Section 6. Finally, in Section 7 we state and prove some preliminary facts which are used intensively for proving of almost all results in the previous sections.

## 2 Notation and Preliminaries.

Throughout this article we use the following notation:
$z=(x, t)$ are points in $\mathbb{R}_{x, t}^{n+1}$, where $x \in \mathbb{R}^{n}, n \geqslant 1$, and $t \in \mathbb{R}^{1}$;
$x=\left(x_{1}, x^{\prime}\right)=\left(x_{1}, x_{2}, \ldots, x_{n}\right)$, if $n \geqslant 2$;
$|x|$ is the Euclidean norm of $x$;
$B_{r}\left(x^{0}\right)$ denotes the open ball in $\mathbb{R}^{n}$ with center $x^{0}$ and radius $r$;
$\left.\left.Q_{r}\left(z^{0}\right)=Q_{r}\left(x^{0}, t^{0}\right)=B_{r}\left(x^{0}\right) \times\right] t^{0}-r^{2}, t^{0}+r^{2}\right] ;$
$Q_{r}^{-}\left(z^{0}\right)=Q_{r}\left(z^{0}\right) \cap\left\{t<t^{0}\right\}$.
When omitted, $x^{0}$ (or $z^{0}=\left(x^{0}, t^{0}\right)$, respectively) is assumed to be the origin. $\partial^{\prime} Q_{r}\left(z^{0}\right)$ or $\partial^{\prime} Q_{r}^{-}\left(z^{0}\right)$ denote the parabolic boundary of the corresponding cylinder, i.e., the topological boundary minus the top of the cylinder.

For a cylinder $Q=\mathcal{U} \times] 0, T]$ and any $\epsilon>0$ we define the corresponding cylinder $Q^{\epsilon}$ as

$$
\left.\left.Q^{\epsilon}=\mathcal{U}^{\epsilon} \times\right] \epsilon^{2}, T\right],
$$

where $\mathcal{U}^{\epsilon} \subset \mathcal{U}$ and $\operatorname{dist}\left\{\mathcal{U}^{\epsilon}, \mathcal{U}\right\} \geqslant \varepsilon$.
$u_{+}=\max \{u, 0\} ; \quad u_{-}=\max \{-u, 0\}$;
$D_{i}$ denotes the differential operator with respect to $x_{i}$;
$D=\left(D_{1}, D^{\prime}\right)=\left(D_{1}, D_{2}, \ldots, D_{n}\right)$ denotes the spatial gradient;
$D^{2} u=D(D u)$ denotes the Hessian of $u$;
$\partial_{t} u=\frac{\partial u}{\partial t}$.
$D_{\nu}$ stands for the operator of differentiation along a direction $\nu \in \mathbb{R}^{n}$, i.e., $|\nu|=1$ and $D_{\nu} u=\sum_{i=1}^{n} \nu_{i} D_{i} u$.

We adopt the convention that the indices $i, j, l$ always vary from 1 to $n$. We also adopt the convention regarding summation with respect to repeated indices.
$\|\cdot\|_{p, \mathcal{D}}$ denotes the norm in $L^{p}(\mathcal{D}), 1<p \leqslant \infty$;
$W_{p}^{2,1}(\mathcal{D})$ and $W_{p}^{1,0}(\mathcal{D})$ are anisotropic Sobolev spaces with the norms

$$
\begin{gathered}
\|u\|_{W_{p}^{2,1}(\mathcal{D})}=\left\|\partial_{t} u\right\|_{p, \mathcal{D}}+\left\|D^{2} u\right\|_{p, \mathcal{D}}+\|u\|_{p, \mathcal{D}}, \\
\|u\|_{W_{p}^{1,0}(\mathcal{D})}=\|D u\|_{p, \mathcal{D}}+\|u\|_{p, \mathcal{D}},
\end{gathered}
$$

respectively.
For a cylinder $\left.\mathcal{Q}=\mathcal{U} \times] T_{1}, T_{2}\right] \subset \mathbb{R}_{x}^{n} \times \mathbb{R}_{t}^{1}$ we denote by $V_{2}(\mathcal{Q})$ the Banach space consisting of all elements of $W_{2}^{1,0}(\mathcal{Q})$ with a finite norm

$$
\|u\|_{V_{2}(\mathcal{Q})}=\sup _{T_{1}<t \leqslant T_{2}}\|u\|_{2, \mathcal{U}}+\|D u\|_{2, \mathcal{Q}} .
$$



$$
f_{\mathcal{D}} \cdots=\frac{1}{\operatorname{meas}\{\mathcal{D}\}} \int_{\mathcal{D}} \cdots
$$

We say that $\xi=\xi(x, t)$ is a cut-off function for a cylinder $Q_{r}(\hat{z})$ if

$$
\xi(x, t)=\xi_{1}(x) \xi_{2}(t),
$$

where $\xi_{i} \geqslant 0, i=1,2$,

$$
\xi_{1} \in C_{0}^{\infty}\left(B_{r}(\hat{x})\right), \quad \xi_{1} \equiv 1 \quad \text { in } \quad B_{r / 2}(\hat{x}),
$$

while $\xi_{2} \in C^{\infty}\left(\left[\hat{t}-r^{2} / 4, \hat{t}\right]\right), \xi_{2}\left(\hat{t}-r^{2}\right)=0$ and $\xi_{2}(t) \equiv 1$ for $t \geqslant \hat{t}-r^{2} / 4$.
We define the parabolic distance dist from a point $z=(x, t)$ to a set $\mathcal{D} \subset \mathbb{R}^{n+1}$ by

$$
\operatorname{dist}_{p}(z, \mathcal{D}):=\sup \left\{r>0: Q_{r}^{-}(z) \cap \mathcal{D}=\emptyset\right\} .
$$

We use letters $M, N, C$ and $c$ (with or without sub-indices) to denote various constants. To indicate that, say, $C$ depends on some parameters, we list them in the parentheses: $C(\ldots)$. We do not indicate the dependence of constants on $n$. In addition, we will write sup instead of ess sup and inf instead of ess inf.

We denote

$$
\begin{aligned}
\Omega_{ \pm}(u) & :=\{z \in Q, \text { where } h[u](z)= \pm 1\}, \\
\Gamma(u) & :=\partial \Omega_{+} \cap \partial \Omega_{-} \text {is the free boundary. }
\end{aligned}
$$

The latter means that $\Gamma(u)$ is the set where the function $h[u](z)$ has a jump.
We also introduce special notation for the different parts of $\Gamma(u)$

$$
\begin{aligned}
& \Gamma_{\alpha}(u):=\Gamma(u) \cap\{u=\alpha\}, \\
& \Gamma_{\beta}(u):=\Gamma(u) \cap\{u=\beta\} .
\end{aligned}
$$

By definition,

$$
\{u \leqslant \alpha\} \subset \Omega_{-} \quad \text { and } \quad\{u \geqslant \beta\} \subset \Omega_{+} .
$$



Figure 2: Structure of the free boundary for $n=1$
It is also easy to see that the sets $\{u=\alpha\}$ and $\{u=\beta\}$ are separated from each other.

Remark 2.1. In any cylinder $Q^{\epsilon}$ the distance from the level set $\{u=\alpha\}$ to the level set $\{u=\beta\}$ is estimated from below by a positive constant depending on $M, \epsilon$ and $\beta-\alpha$ only.

Observe that the level sets $\{u=\alpha\}$ and $\{u=\beta\}$ are not alsways the parts of the free boundary $\Gamma(u)$. Indeed, if the level set $\{u=\alpha\}$ is locally not a $t$-graph, then a part of $\{u=\alpha\}$ may occur inside $\Omega_{-}$. In this case $\Gamma(u)$ may contain several components of $\Gamma_{\alpha}$ connected by cylindrical surfaces with generatrixes parallel to $t$-axis (see Figure 2). Similar statement is true for the level set $\{u=\beta\}$. We will denote by $\Gamma_{v}$ the set of all points $z$ lying in such vertical parts of $\Gamma(u)$. It should be noted that $\Gamma_{v}$ is, in general, not the level set $\{u=\alpha\}$ as well as not the level set $\{u=\beta\}$. This $\Gamma_{v}$ is just the "pathological" part of the free boundary that we have mentioned in Introduction.

We will also distinguish the following parts of $\Gamma$ :

$$
\Gamma_{\alpha}^{0}(u)=\Gamma_{\alpha}(u) \cap\{|D u|=0\}, \quad \Gamma_{\alpha}^{*}(u)=\Gamma_{\alpha}(u) \backslash \Gamma_{\alpha}^{0}(u) .
$$

The sets $\Gamma_{\beta}^{0}$ and $\Gamma_{\beta}^{*}$ are defined analogously. In addition, we set

$$
\Gamma^{0}(u):=\Gamma_{\alpha}^{0}(u) \cup \Gamma_{\beta}^{0}(u), \quad \Gamma^{*}(u):=\Gamma_{\alpha}^{*}(u) \cup \Gamma_{\beta}^{*}(u) .
$$

Remark 2.2. It is obvious that $u \in C^{\infty}$ in the interior of the sets $\Omega_{ \pm}$.
Now we formulate the main result of the paper.
Theorem 2.3. Let $u$ satisfy (1), and let $z \in Q \backslash \Gamma(u)$. Then

$$
\left|\partial_{t} u(z)\right|+\left|D^{2} u(z)\right| \leqslant C\left(\rho_{0}, \varepsilon, M, \beta-\alpha\right) .
$$

Here $\rho_{0}:=\operatorname{dist}_{p}\left\{z, \Gamma_{v}\right\}$ and $\epsilon:=\operatorname{dist}_{p}\left\{z, \partial^{\prime} Q\right\}$.
Proof. The proof of this statement follows from Lemmas 6.1 and 6.2.

## 3 Estimates of $\partial_{t} u$ on $\Gamma^{*}(u)$

Lemma 3.1. Let u be a solution of Eq. (1), and let $Q_{3 \rho}^{-}\left(z^{*}\right)$ be an arbitrary cylinder contained in $Q$. Then we have the estimates

$$
\begin{align*}
& \inf _{Q_{\rho}^{-}\left(z^{*}\right)} \partial_{t} u \geqslant-N, \quad \text { provided that } \quad Q_{3 \rho}^{-}\left(z^{*}\right) \cap \Gamma_{\beta}=\emptyset \text {, }  \tag{5}\\
& \sup _{Q_{\rho}^{-}\left(z^{*}\right)} \partial_{t} u \leqslant N, \quad \text { provided that } \quad Q_{3 \rho}^{-}\left(z^{*}\right) \cap \Gamma_{\alpha}=\emptyset . \tag{6}
\end{align*}
$$

Here $N=N(M, \rho)$.

Proof. Assume for the definiteness that $z^{*}$ lyies in a neighborhood of $\Gamma_{\beta}$. Consider in $Q_{2 \rho}^{-}\left(z^{*}\right)$ the difference quotient of $u$ in the $t$-direction, i.e.,

$$
u^{(\tau)}(x, t)=\frac{u(x, t)-u(x, t-\tau)}{\tau}
$$

with some small positive $\tau$. To prove (6) it is sufficient to get the corresponding estimate for $u^{(\tau)}$ uniformly with respect to $\tau$.

Further, we observe that equation (1) and integration by parts provide for all test-finctions $\eta \in W_{2}^{1,1}\left(Q_{2 \rho}^{-}\left(z^{*}\right)\right)$ vanishing on $\partial B_{2 \rho}\left(x^{*}\right) \times\left[t^{*}-4 \rho^{2}, t^{*}\right]$ the validity of the following integral identity

$$
\begin{equation*}
\int_{Q_{2 \rho}^{-}\left(z^{*}\right)}\left(\partial_{t} u \eta+D u D \eta\right) d x d t=-\int_{Q_{2 \rho}^{-}\left(z^{*}\right)} h[u] \eta d x d t . \tag{7}
\end{equation*}
$$

Using the same reasonings as in deriving of (7) we get for all test-functions $\widetilde{\eta} \in W_{2}^{1,1}\left(Q_{2 \rho}^{-}\left(x^{*}, t^{*}+\tau\right)\right)$ that are equal to zero on $\partial^{\prime} Q_{2 \rho}^{-}\left(x^{*}, t^{*}+\tau\right)$ the integral identity

$$
\begin{equation*}
\int_{Q_{2 \rho}^{-}\left(x^{*}, t^{*}+\tau\right)}\left(\partial_{t} u \widetilde{\eta}+D u D \widetilde{\eta}\right) d x d t=-\int_{Q_{2 \rho}^{-}\left(x^{*}, t^{*}+\tau\right)} h[u] \widetilde{\eta} d x d t . \tag{8}
\end{equation*}
$$

Putting in (8) $\widetilde{\eta}(x, t)=\eta(x, t+\tau)$ we obtain after elementary change of variables the relation

$$
\begin{array}{r}
\int_{Q_{2 \rho}^{-}\left(z^{*}\right)}\left[\partial_{t} u(x, t-\tau)\right.  \tag{9}\\
\left.=-\int_{Q_{2 \rho}^{-}\left(z^{*}\right)} h[u](x, t)+D u(x, t-\tau) D \eta(x, t)\right] d x d t
\end{array}
$$

Now, we substract (9) from (7), divide the result by $\tau$ and integrate by parts. After these transformations we arrive at the equality

$$
\begin{align*}
\int_{Q_{2 \rho}^{-}\left(z^{*}\right)}\left[\partial_{t} u^{(\tau)} \eta\right. & \left.+D u^{(\tau)} D \eta\right] d x d t \\
& =-\frac{1}{\tau} \int_{Q_{2 \rho}^{-}\left(z^{*}\right)}(h[u](x, t)-h[u](x, t-\tau)) \eta d x d t . \tag{10}
\end{align*}
$$

Setting in (10)

$$
\eta(x, t)=\left(u^{(\tau)}-k\right)_{+} \xi^{2}(x, t), \quad k \geqslant 0
$$

where $\xi$ is a standard cut-off function for a cylinder $Q_{2 \rho}^{-}\left(z^{*}\right)$ (see Notation), we can rewrite (10) in the form

$$
\begin{align*}
& \int_{Q_{2 \rho}^{-}\left(z^{*}\right)}\left\{\partial_{t} u^{(\tau)}\left(u^{(\tau)}-k\right)_{+} \xi^{2}+D u^{(\tau)} D\left[\left(u^{(\tau)}-k\right)_{+} \xi^{2}\right]\right\} d x d t  \tag{11}\\
& =-\frac{1}{\tau} \int_{Q_{2 \rho}^{-}\left(z^{*}\right)}(h[u](x, t)-h[u](x, t-\tau))\left(u^{(\tau)}-k\right)_{+} \xi^{2} d x d t .
\end{align*}
$$

We claim that $h[u](x, t)-h[u](x, t-\tau) \geqslant 0$ in $Q_{2 \rho}^{-}\left(z^{*}\right)$. Indeed, we have the relation

$$
Q_{2 \rho}^{-}\left(z^{*}\right) \cap \Gamma_{\alpha}=\emptyset .
$$

Recall that by definition $h[u](x, t)$ may decrease in $t$ only in a neighborhood of $\Gamma_{\alpha}$. Therefore, in $Q_{2 \rho}^{-}\left(z^{*}\right)$ the function $h[u]$ is either constant or increasing one. The latter means that for all $k \geqslant 0$ we have instead of (11) the inequality

$$
\begin{equation*}
\int_{Q_{2 \rho}^{-}\left(z^{*}\right)}\left\{\partial_{t} u^{(\tau)}\left(u^{(\tau)}-k\right)_{+} \xi^{2}+D u^{(\tau)} D\left[\left(u^{(\tau)}-k\right)_{+} \xi^{2}\right]\right\} d x d t \leqslant 0 \tag{12}
\end{equation*}
$$

Observe that we may take in (12) the cut-off fucntion $\xi$ multiplied by the characteristic function of an interval $\left[t^{*}-4 \rho^{2}, t\right]$ with an arbitrary $t \in$ $\left.] t^{*}-4 \rho^{2}, t^{*}\right]$ instead of $\xi$. This leads to the inequalities

$$
\begin{gathered}
\int_{t^{*}-4 \rho^{2}}^{t} \int_{B_{2 \rho}\left(x^{*}\right)}\left\{\partial_{t} u^{(\tau)}\left(u^{(\tau)}-k\right)_{+} \xi^{2}+D u^{(\tau)} D\left[\left(u^{(\tau)}-k\right)_{+} \xi^{2}\right]\right\} d x d t \leqslant 0 \\
\left.\forall t \in] t^{*}-4 \rho^{2}, t^{*}\right]
\end{gathered}
$$

Further arguments are rather standard. We leave the trivially nonnegative terms in the left-hand side of the above inequalities, while the rest terms are transferred to the right-hand side and estimated from above with the help of Young's inequality. As a consequence, for $k \geqslant 0$ we get

$$
\begin{gather*}
\left.\sup _{t^{*}-4 \rho^{2}<t \leqslant t^{*}} \int_{B_{2 \rho}\left(x^{*}\right)}\left(u^{(\tau)}-k\right)_{+}^{2} \xi^{2} d x\right|^{t}+\int_{Q_{2 \rho}^{-}\left(z^{*}\right)}\left[D\left(\left(u^{(\tau)}-k\right)_{+}\right)\right]^{2} \xi^{2} d x d t  \tag{13}\\
\\
\leqslant \int_{Q_{2 \rho}^{-}\left(z^{*}\right)}\left(u^{(\tau)}-k\right)_{+}^{2}\left[4|D \xi|^{2}+2 \xi\left|\partial_{t} \xi\right|\right] d x d t .
\end{gather*}
$$

With inequalities (13) at hands we may apply succesively Fact 7.1 with $v=u^{(\tau)}$ and inequalities (4) which immediately imply the desired estimate (6).

It remains only to observe that the case of $z^{*}$ lying near $\Gamma_{\alpha}$ is treated almost similarly. The only differences are that we should choose in (10)

$$
\eta(x, t)=\left(u^{(\tau)}-k\right)_{-} \xi^{2}(x, t), \quad k \leqslant 0
$$

and then check the validity of the inequality $h[u](x, t)-h[u](x, t-\tau) \leqslant 0$ in the cylinder $Q_{2 \rho}^{-}\left(z^{*}\right)$.

Lemma 3.2. Let $u$ be a solution of Eq. (1) and let $z^{*} \in \Gamma^{*} \backslash \Gamma_{v}$.
Then $\Gamma^{*} \backslash \Gamma_{v}$ is locally a $C^{1}$-surface and $\partial_{t} u$ is a continuous function in a neigborhood of $z^{*}$. In addition, the mixed second derivatives $D_{i}\left(\partial_{t} u\right)$ are $L^{2}$-functions near $z^{*}$.

Proof. Continuity of $\partial_{t} u$ across $\Gamma^{*}$ can be proved by using the same arguments as in (the proof of) Lemma 7.1 [SUW09]. For the readers convenience we sketch the details.

Suppose for the definiteness that $z^{*} \in \Gamma_{\alpha}^{*} \backslash \Gamma_{v}$. Without restriction it may be assumed that $D_{1} u\left(z^{*}\right)>0$. Then, in a sufficiently small cylinder $Q_{\rho}\left(z^{*}\right)$ satisfying $Q_{\rho}\left(z^{*}\right) \cap \Gamma_{v}$ the function $u$ is strictly increasing in $x_{1}$-direction.

Further, using the von Mises transformation, we introduce the new variables

$$
\left(x_{1}, x^{\prime}, t\right) \rightarrow\left(y, x^{\prime}, t\right)
$$

where $y:=u(x, t)-\alpha$. We also introduce the function $v$ such that

$$
x_{1}=v\left(y, x^{\prime}, t\right) .
$$

Transforming in $Q_{\rho}\left(z^{*}\right)$ Eq. (1) for $u$ into terms of $v$ we obtain the uniformly parabolic equation

$$
\partial_{t} v-a^{i j}(\partial v) \partial_{i}\left(\partial_{j} v\right)=g(y) \partial_{1} v
$$

where $\partial_{1} v:=\frac{\partial v}{\partial y}=\frac{1}{D_{1} u}>0, \partial_{m} v:=\frac{\partial v}{\partial x_{m}}=D_{m} v=-\frac{D_{m} u}{D_{1} u}$,

$$
\begin{gather*}
\partial v=\left(\partial_{1} v, D^{\prime} v\right)=\left(\frac{1}{D_{1} u},-\frac{D^{\prime} u}{D_{1} u}\right), \quad \partial_{t} v:=\frac{\partial v}{\partial t}=-\frac{\partial_{t} u}{D_{1} u},  \tag{14}\\
g(y)=\left\{\begin{array}{rc}
1, & \text { if } y>0 \\
-1, & \text { if } y<0
\end{array},\right.
\end{gather*}
$$

and the coefficients $a^{i j}$ are defined as follows

$$
\begin{gather*}
a^{11}(p)=\frac{1+\left|p^{\prime}\right|^{2}}{p_{1}^{2}}, \quad a^{m m}(p)=1, \quad a^{1 m}(p)=a^{m 1}(p)=-\frac{p_{m}}{p_{1}},  \tag{15}\\
a^{m \widetilde{m}}(p)=0 \quad \text { if } \quad m \neq \widetilde{m}
\end{gather*}
$$

(here the indices $m$ and $\widetilde{m}$ vary from 2 to $n$, and $p \in \mathbb{R}^{n}$ ).
Elementary calculation shows that for the difference quotient in the $t$ direction

$$
v^{(\tau)}\left(y, x^{\prime}, t\right):=\frac{v\left(y, x^{\prime}, t\right)-v\left(y, x^{\prime}, t-\tau\right)}{\tau}
$$

we have

$$
\begin{equation*}
\partial_{t} v^{(\tau)}-a^{i j}(\partial v) \partial_{i}\left(\partial_{j} v^{(\tau)}\right)-b^{k} \partial_{k} v^{(\tau)}=g(y) \partial_{1} v^{(\tau)} \tag{16}
\end{equation*}
$$

where $b^{k}:=\frac{\partial a^{i j}\left(Z_{\tau}\right)}{\partial p_{k}} \partial_{i}\left(\partial_{j} v\left(y, x^{\prime}, t-\tau\right)\right)$,

$$
Z_{\tau}=\vartheta\left(y, x^{\prime}, t\right) \partial v\left(y, x^{\prime}, t-\tau\right)-\left[1-\vartheta\left(y, x^{\prime}, t\right)\right] \partial v\left(y, x^{\prime}, t\right)
$$

and $\vartheta\left(y, x^{\prime}, t\right) \in[0,1]$.
Observe that for the second derivatives of $v$ we have the relations

$$
\begin{gather*}
\partial_{1}\left(\partial_{1} v\right)=-\frac{D_{11} u}{\left(D_{1} u\right)^{3}}, \quad \partial_{1}\left(\partial_{m} v\right)=\frac{D_{11} u D_{m} u}{\left|D_{1} u\right|^{2}}-\frac{D_{1 m} u}{D_{1} u}, \\
\partial_{m}\left(\partial_{\tilde{m}} v\right)=  \tag{17}\\
=\frac{D_{11} u D_{m} u D_{\tilde{m}} u}{\left|D_{1} u\right|^{2}}\left(\frac{1}{D_{1} u}-2\right) \\
+\frac{D_{1 m} u D_{\tilde{m}} u}{D_{1} u}+\frac{D_{1 \tilde{m}} u D_{m} u}{D_{1} u}-\frac{D_{m \tilde{m}} u}{D_{1} u} .
\end{gather*}
$$

According to estimates (4) and formulas (14)-(15) and (17) we may conclude that in Eq. (16) the coefficients $a^{i j}$ are Hölder continuous functions satisfying the ellipticity condition, whereas the coefficients $b^{k}$ are elements of $L^{q}$ with an arbitrary $q<\infty$. Therefore, the parabolic theory implies that $v^{(\tau)} \in C^{\sigma}$ for some $\sigma \in(0,1)$ and $\partial v^{(\tau)}$ is locally an element of $L^{2}$-space. We note also that all the estimates of corresponding norms are uniformly bounded in $\tau$. Hence we immediately conclude that $\partial_{t} u$ is also Hölder continuous with some exponent $\sigma^{\prime}$ satisfying $0<\sigma^{\prime}<\sigma$ and that the mixed derivatives $D_{i}\left(\partial_{t} u\right)$ belong locally to a class of $L^{2}$-functions. It is also evident that near $z^{*}$ the free boundary $\Gamma_{\alpha}$ is a $C^{1}$-surface .

It remains only to observe that in the case $z^{*} \in \Gamma_{\beta}^{*} \backslash \Gamma_{v}$ we should choose the new variable $y$ in von Mises transformation as $y:=u(x, t)-\beta$ and repeat the above steps.

Corollary 3.3. Let u satisfy Eq. (1). Then for any cylinder $Q^{\epsilon} \subset Q$ we have

$$
\begin{equation*}
\sup _{\Gamma^{*} \cap Q^{\epsilon}}\left|\partial_{t} u\right| \leqslant N_{*}(M, \epsilon, \beta-\alpha) . \tag{18}
\end{equation*}
$$

Proof. Consider for the definiteness the case $z^{*} \in\left\{\Gamma_{\alpha}^{*} \backslash \Gamma_{v}\right\} \cap Q^{\epsilon}$. Due to Lemma 3.2 a function $\partial_{t} u$ is continuous in a neighborhood of $z^{*}$.

Recall that by definition of $\Gamma_{\alpha}$ the function $h[u]$ has a jump in $t$-direction from +1 to -1 there. The latter means that if we cross the free boundary $\Gamma_{\alpha}^{*}$ in positive $t$-direction then the corresponding phases change from $\Omega_{+}$to $\Omega_{-}$. Since $u\left(z^{*}\right)=\alpha$ and $u\left(x^{*}, t^{*}-\varepsilon\right)>\alpha$ for any $\varepsilon>0$ we conclude that $\partial_{t} u\left(z^{*}\right) \leqslant 0$. Hence the inequality

$$
\begin{equation*}
\sup _{\Gamma_{\alpha}^{*}} \partial_{t} u \leqslant 0 \tag{19}
\end{equation*}
$$

is valid.
Now, taking into account Remark 2.1, one may combine (19) with onesided inequality (5). It gives the desired estimate (18).

The other case, i.e., $z^{*} \in \Gamma_{\beta}^{*} \backslash \Gamma_{v}$ is treated in a similar manner. It is necessary only to observe that if we cross the free boundary $\Gamma_{\beta}^{*}$ in positive $t$-direction then the phases will change from $\Omega_{-}$to $\Omega_{+}$and, consequently, $\partial_{t} u\left(z^{*}\right) \geqslant 0$ and the inequality

$$
\begin{equation*}
\sup _{\Gamma_{\beta}^{*}} \partial_{t} u \geqslant 0 \tag{20}
\end{equation*}
$$

holds true. In view of Remark 2.1, the combination of (20) with one-sided estimate (6) finishes the proof.

## 4 Sub-Caloricity of $D_{e} u$

Lemma 4.1. Let $w \in C(\mathcal{D}) \cap W_{2, \text { loc }}^{1,0}(\mathcal{D})$ with $\mathcal{D}$ being a domain in $\mathbb{R}^{n+1}$, and let the inequality

$$
\begin{equation*}
\int_{\mathcal{D}}\left(-w \partial_{t} \eta+D w D \eta\right) d z \leqslant 0 \tag{21}
\end{equation*}
$$

hold for any nonnegative function $\eta \in C_{0}^{\infty}(\mathcal{D})$ with supp $\eta \subset\{w>0\}$.
Then the function $w_{+}$is sub-caloric in $\mathcal{D}$.
Proof. First, we take in (21) nonnegative functions $\eta \in C_{0}^{\infty}(\mathcal{D})$ with

$$
\begin{equation*}
\text { supp } \eta \subset\left\{w \geqslant \frac{\delta}{2}>0\right\} . \tag{22}
\end{equation*}
$$

Without loss of generality we may consider instead of $w$ in (21) its mollifier $w_{\rho}$ with sufficiently small parameter $\rho$. After integration by parts we arrive at

$$
\begin{equation*}
\int_{\mathcal{D}}\left[\partial_{t} w_{\rho} \eta+D w_{\rho} D \eta\right] d z \leqslant 0 . \tag{23}
\end{equation*}
$$

We set in (23) $\eta=\psi_{\delta}\left(w_{\rho}\right) \varphi$, where $\varphi \in C_{0}^{\infty}(\mathcal{D})$ is an arbitrary nonnegative test function, while

$$
\psi_{\delta}(s)=\left\{\begin{array}{cl}
0, & \text { if } s \leqslant \delta \\
\frac{(s-\delta)}{\delta}, & \text { if } \delta<s<2 \delta \\
1, & \text { if } s \geqslant 2 \delta
\end{array}\right.
$$

Observe that such a choice of $\eta$ is not restrictive, since due to definition of $\psi_{\delta}$ we have for sufficiently small $\rho$ the evident inclusions

$$
\text { supp } \eta \subset\left\{w_{\rho}>\delta\right\} \subset\left\{w>\frac{\delta}{2}\right\} .
$$

After substitution of $\eta$ inequality (23) takes the form

$$
\begin{equation*}
\int_{\mathcal{D}}\left[\partial_{t} w_{\rho} \psi_{\delta}\left(w_{\rho}\right) \varphi+\left|D w_{\rho}\right|^{2} \psi_{\delta}^{\prime}\left(w_{\rho}\right) \varphi+D w_{\rho} \psi_{\delta}\left(w_{\rho}\right) D \varphi\right] d z \leqslant 0 \tag{24}
\end{equation*}
$$

Elementary calculation shows that $\partial_{t} w_{\rho} \psi_{\delta}\left(w_{\rho}\right)=\frac{d}{d t} F_{\delta}\left(w_{\rho}\right)$ where the function $F_{\delta}$ is defined as

$$
F_{\delta}(s)=\int_{0}^{s} \psi_{\delta}(\tau) d \tau=\left\{\begin{array}{cl}
0, & \text { if } s \leqslant \delta \\
\frac{(s-\delta)^{2}}{2 \delta}, & \text { if } \delta<s<2 \delta \\
s-(3 / 2) \delta, & \text { if } s \geqslant 2 \delta
\end{array}\right.
$$

So, again integrating by parts and taking into account that the second term in (24) is nonnegative we get the inequality

$$
\begin{equation*}
\int_{\mathcal{D}}\left[-F_{\delta}\left(w_{\rho}\right) \partial_{t} \varphi+D w_{\rho} \psi_{\delta}\left(w_{\rho}\right) D \varphi\right] d z \leqslant 0 \tag{25}
\end{equation*}
$$

Tending in (25) $\rho \rightarrow 0$ and taking into account the definitions of $\psi_{\delta}$ and $F_{\delta}$ we arrive at

$$
\int_{\{w>2 \delta\}}\left[-w \partial_{t} \varphi+D w D \varphi\right] d z \leqslant \int_{\{\delta<w<2 \delta\}}|D w D \varphi| d z+C \delta .
$$

Letting $\delta \rightarrow 0$ in the above inequality provides the inequality

$$
\begin{equation*}
\int_{\{w>0\}}\left[-w \partial_{t} \varphi+D w D \varphi\right] d z \leqslant 0 . \tag{26}
\end{equation*}
$$

It remains only to recall that $\varphi$ in (26) is an arbitrary nonnegative testfunction. This completes the proof.

Lemma 4.2. Let $u$ be a solution of Eq. (1). Then for any direction $e \in \mathbb{R}^{n}$ functions $\left(D_{e} u\right)_{ \pm}$are sub-caloric in $Q \backslash \Gamma_{v}$.

Proof. Due to Lemma 4.1 it sufficies to check that for $w=D_{e} u$ inequality (21) holds true for any nonnegative function $\eta \in C_{0}^{\infty}\left(Q \backslash \Gamma_{v}\right)$ with supp $\eta \subset$ $\left\{D_{e} u>0\right\}$.

It follows from Eq. (1) that functions $D_{e} u$ satisfy in $Q$ the equation

$$
\begin{equation*}
H\left[D_{e} u\right]=D_{e}(h[u]) \tag{27}
\end{equation*}
$$

in the weak (distributional) sence. Hence we obtain

$$
\begin{aligned}
\int_{Q} D_{e} u\left(\partial_{t} \eta+\Delta \eta\right) d z & =-\int_{Q} h[u] D_{e} \eta d z=-\int_{\Omega_{+}} D_{e} \eta d z+\int_{\Omega_{-}} D_{e} \eta d z \\
& =2 \int_{\Gamma^{*}} \eta \cos (\widehat{\mathbf{n}, \mathbf{e}}) d \mathcal{H}^{n},
\end{aligned}
$$

where $\mathbf{n}=\mathbf{n}(z)$ is the unit normal vector to $\Gamma^{*}$ directed into $\Omega_{+}, \mathbf{e}:=(e, 0)$, and $\mathcal{H}^{n}$ stands for the $n$-dimensional Hausdorff measure.

It is easy to see that the normal vector $\mathbf{n}$ has on $\Gamma^{*}$ the following representation

$$
\begin{equation*}
\mathbf{n}(z)=\left(\frac{D u(z)}{\sqrt{|D u(z)|^{2}+\left(\partial_{t} u(z)\right)^{2}}}, \frac{\partial_{t} u(z)}{\sqrt{|D u(z)|^{2}+\left(\partial_{t} u(z)\right)^{2}}}\right) . \tag{28}
\end{equation*}
$$

Indeed, since $u>\alpha$ in $\Omega_{+}$and $\Gamma_{\alpha} \subset\{u=\alpha\}$, the vector $D u(z)$ at $z \in$ $\Gamma_{\alpha}^{*}$ is directed into $\Omega_{+}$. In addition, we recall (see (19)) that $\partial_{t} u \leqslant 0$ on $\Gamma_{\alpha}^{*}$. Therefore, the projection of $\mathbf{n}$ from formula (28) on the $t$-axis is also nonpositive. Because of $\Omega_{+}$is locally a subgraph of $\Gamma_{\alpha}$ in $t$-direction, we conclude that on $\Gamma_{\alpha}^{*}$ the whole vector $\mathbf{n}$ defined by (28) is directed into $\Omega_{+}$. Similarly, we have $\{u<\beta\}$ in $\Omega_{-}$and $\Gamma_{\beta} \subset\{u=\beta\}$. Therefore, the spatial gradient $D u(z)$ at $z \in \Gamma_{\beta}^{*}$ is directed into $\Omega_{+}$. Moreover, on $\Gamma_{\beta}^{*}$ we have
$\partial_{t} u \geqslant 0$ (see (20)) and $\Omega_{+}$is a $t$-epigraph of $\Gamma_{\beta}^{*}$. So, the vector $\mathbf{n}$ from formula (28) is again directed into $\Omega_{+}$.

Now, taking into account the inclusion $\operatorname{supp} \eta \subset\left\{D_{e} u>0\right\}$ and representation (28) we conclude that

$$
\eta \cos (\widehat{\mathbf{n}(\mathbf{z}), \mathbf{e}}) \geqslant 0 \quad \forall z \in \Gamma^{*}
$$

and complete the proof.

Remark 4.3. We emphasize that $\left(D_{e} u\right)_{ \pm}$are, in general, not sub-caloric near $\Gamma_{v}$.

## 5 Quadratic Growth Estimates

Lemma 5.1. Let $u$ satisfy (1), let $z^{0} \in \Gamma^{0}$, and let

$$
\operatorname{dist}_{p}\left\{z^{0}, \Gamma_{v}\right\} \geqslant \rho_{0}>0, \quad \operatorname{dist}_{p}\left\{z^{0}, \partial^{\prime} Q\right\} \geqslant \rho_{0} .
$$

There exists a positive constant $C_{0}$ completely defined by the values of $\rho_{0}$ and $M$ such that

$$
\begin{equation*}
\underset{Q_{r}^{-}\left(z^{0}\right)}{\text { osc }} u \leqslant C_{0} r^{2} \quad \text { for all } \quad r \leqslant \rho_{0} . \tag{29}
\end{equation*}
$$

Proof. We verify inequality (29) for $z^{0} \in \Gamma_{\alpha}^{0}$. The other case, i.e., $z^{0} \in \Gamma_{\beta}^{0}$ can be proved by using similar arguments.

We argue by contradiction. Suppose (29) fails. Then there exist a sequence $r_{k}>0$ as well as sequences $u_{k}$ of solutions to (1) satisfying (3), and points $z^{k} \in \Gamma_{\alpha}^{0}\left(u_{k}\right)$ such that for all $k \in \mathbb{N}$ we have

$$
\operatorname{dist}_{p}\left(z^{k}, \Gamma_{v}\left(u_{k}\right)\right) \geqslant \rho_{0}, \quad \operatorname{dist}_{p}\left(z^{k}, \partial^{\prime} Q\right) \geqslant \rho_{0}
$$

and

$$
\begin{equation*}
\sup _{Q_{r_{k}}^{-}\left(z^{k}\right)}\left|u_{k}-\alpha\right| \geqslant k r_{k}^{2} . \tag{30}
\end{equation*}
$$

Thanks to assumption (3) the left-hand side of (30) is bounded by $2 M$ and, consequently, $r_{k} \rightarrow 0$ as $k \rightarrow \infty$. It is evident that we can choose $r_{k}$ as the maximal value of $r$ for which

$$
\sup _{Q_{r}^{-}\left(z^{k}\right)}\left|u_{k}-\alpha\right| \geqslant k r^{2} .
$$

In other words, we have the relations

$$
\left\{\begin{array}{l}
\mathcal{M}_{r}\left(z^{k}, u_{k}\right):=\sup _{Q_{r}^{-}\left(z^{k}\right)}\left|u_{k}-\alpha\right|<k r^{2} \quad \text { for all } r \in\left(r_{k}, \rho_{0}\right]  \tag{31}\\
\mathcal{M}_{r_{k}}\left(z^{k}, u_{k}\right)=k r_{k}^{2}
\end{array}\right.
$$

Next, we define a scaling $\tilde{u}_{k}$ as

$$
\tilde{u}_{k}(x, t)=\frac{u_{k}\left(x^{k}+r_{k} x, t^{k}+r_{k}^{2} t\right)-\alpha}{\mathcal{M}_{r_{k}}\left(z^{k}, u_{k}\right)}
$$

for $(x, t) \in Q_{\rho_{0} / r_{k}}^{-}$. Then $\tilde{u}_{k}$ satisfies the following properties

$$
\begin{gather*}
\sup _{Q_{1}^{-}}\left|\tilde{u}_{k}\right|=1,  \tag{32}\\
\tilde{u}_{k}(0,0)=0, \quad\left|D \tilde{u}_{k}(0,0)\right|=0,  \tag{33}\\
\left\|H\left[\tilde{u}_{k}\right]\right\|_{\infty, Q_{1 / r_{k}}^{-}} \leqslant \frac{r_{k}^{2}}{\mathcal{M}_{r_{k}}\left(z^{k}, u_{k}\right)}=\frac{1}{k} \rightarrow 0 \text { as } k \rightarrow \infty . \tag{34}
\end{gather*}
$$

In addition, due to (31) we have for $R \in\left(1, \rho_{0} / r_{k}\right]$ the inequality

$$
\begin{equation*}
\sup _{Q_{R}^{-}}\left|\tilde{u}_{k}\right|=\frac{\mathcal{M}_{r_{k} R}\left(z^{k}, u_{k}\right)}{\mathcal{M}_{r_{k}}\left(z^{k}, u_{k}\right)}<\frac{k\left(r_{k} R\right)^{2}}{k r_{k}^{2}}=R^{2} . \tag{35}
\end{equation*}
$$

Now, by (32)-(35) we will have a subsequence of $\tilde{u}_{k}$ weakly converging in $W_{q, l o c}^{2,1}\left(\mathbb{R}_{x, t}^{n+1} \cap\{t \leqslant 0\}\right), q<\infty$, to a caloric function $u_{0}$ satisfying

$$
\begin{gather*}
\sup _{Q_{R}^{-}}\left|u_{0}\right| \leqslant R^{2} \quad \forall R \geqslant 1, \\
u_{0}(0,0)=\left|D u_{0}(0,0)\right|=0, \\
\sup _{Q_{1}^{-}}\left|u_{0}\right|=1 . \tag{36}
\end{gather*}
$$

According to the Liouville theorem (see, for example, Lemma 2.1 [ASU00]), there exist constants $a^{i j}$ such that

$$
\begin{equation*}
u_{0}(x, t)=a^{i j} x_{i} x_{j}+2\left(\sum_{i=1}^{n} a^{i i}\right) t \quad \text { in } \mathbb{R}_{x, t}^{n+1} \cap\{t \leqslant 0\} \tag{37}
\end{equation*}
$$

On the other hand, due to inequalities (4), Lemma 4.2 and Fact 7.3 we may conclude that for any direction $e \in \mathbb{R}^{n}$ and for all $k \in \mathbb{N}$ such that $r_{k} \leqslant \rho_{0}$

$$
\begin{equation*}
\Phi\left(r_{k},\left(D_{e} u_{k}\right)_{+},\left(D_{e} u_{k}\right)_{-}, \xi_{\rho_{0}, z^{k}}, z^{k}\right) \leqslant c\left(\rho_{0}\right) \tag{38}
\end{equation*}
$$

where $c\left(\rho_{0}\right)$ is defined completely by the values of $\rho_{0}$ and $M$. More precisely, by $c\left(\rho_{0}\right)$ we may take a majorant of the right-hand side of inequality (52) calculated for $\theta_{1}=\left(D_{e} u_{k}\right)_{+}$and $\theta_{2}=\left(D_{e} u_{k}\right)_{-}$. After simple rescaling (38) takes the form

$$
\begin{equation*}
\Phi\left(1,\left(D_{e} \tilde{u}_{k}\right)_{+},\left(D_{e} \tilde{u}_{k}\right)_{-}, \zeta^{k}, 0,0\right) \leqslant c\left(\rho_{0}\right)\left(\frac{r_{k}^{2}}{\mathcal{M}_{r_{k}}\left(z^{k}, u_{k}\right)}\right)^{4}=\frac{c\left(\rho_{0}\right)}{k^{4}} \tag{39}
\end{equation*}
$$

where for brevity we denote the corresponding cut-off function $\xi_{\rho_{0} / r_{k},(0,0)}$ by $\zeta^{k}$. Observe that $\zeta^{k} \equiv 1$ in $B_{\rho_{0} /\left(2 r_{k}\right)}$. In addition, $B_{\rho_{0} /\left(2 r_{k}\right)} \supset B_{1}$ if $k$ is big enough, while for $\varepsilon>0$ (small and fixed) we have

$$
G(x,-t) \geqslant N(n, \varepsilon)>0 \quad \text { for } \quad-1<t<-\varepsilon, \quad x \in B_{1} .
$$

Hence,

$$
\begin{equation*}
N(n, \varepsilon) \int_{-1}^{-\varepsilon} \int_{B_{1}}\left|\left(D_{e} \tilde{u}_{k}\right)_{ \pm}\right|^{2} d x d t \leqslant \int_{-1}^{0} \int_{\mathbb{R}^{n}}\left|D_{e}\left(\left(\tilde{u}_{k}\right)_{ \pm} \zeta^{k}\right)\right|^{2} G(x,-t) d x d t . \tag{40}
\end{equation*}
$$

Next, using (40) and invoking the Poincare inequality we may reduce (39) to

$$
\begin{gathered}
\int_{-1}^{-\varepsilon} \int_{B_{1}}\left|\left(D_{e} \tilde{u}_{k}\right)_{+}-m_{+}^{k}(t)\right|^{2} d x d t \int_{-1}^{-\varepsilon} \int_{B_{1}}\left|\left(D_{e} \tilde{u}_{k}\right)_{-}-m_{-}^{k}(t)\right|^{2} d x d t \\
\leqslant N^{-2}(n, \varepsilon) \frac{c\left(\rho_{0}\right)}{k^{4}}
\end{gathered}
$$

where $m_{ \pm}^{k}(t)$ denotes the corresponding average of $\left(D_{e} \tilde{u}_{k}\right)_{ \pm}$on $t$-sections over $B_{1}$.

Letting $k$ tend to infinity (and then $\varepsilon$ tend to zero), we obtain

$$
\begin{equation*}
\int_{Q_{1}^{-}}\left|\left(D_{e} u_{0}\right)_{+}-m^{+}\right|^{2} d x d t \int_{Q_{1}^{-}}\left|\left(D_{e} u_{0}\right)_{-}-m^{-}\right|^{2} d x d t=0 \tag{41}
\end{equation*}
$$

where $m^{ \pm}$is the corresponding average of $\left(D_{e} u_{0}\right)_{ \pm}$over $B_{1}$. Observe that, due to representation (37), $m^{ \pm}$do not depend on $t$.

Obviously, (41) implies that $D_{e} u_{0}$ does not change its sign in $Q_{1}^{-}$. Recall that $e$ is an arbitrary direction in $\mathbb{R}^{n}$ and $u_{0}$ is a polinomial of the form (37). It means, in particulary, that $u_{0} \equiv 0$ in $Q_{1}^{-}$. The latter contradicts (36) and complete the proof of (29).

We will need the extension of Lemma 5.1 to the "upper half-cylinders" $Q_{r}\left(z^{0}\right) \cap\left[t^{0}, t^{0}+r^{2}\right]$ as well.

Lemma 5.2. Let all the assumptions of Lemma 5.1 be valid. Then

$$
\begin{equation*}
\underset{Q_{r}\left(z^{0}\right)}{o s c} u \leqslant C_{1} r^{2} \quad \text { for all } \quad r \leqslant \rho_{0} \tag{42}
\end{equation*}
$$

where $\rho_{0}$ is the same constant as in Lemma 5.1 and $C_{1}=C_{1}\left(\rho_{0}, M\right)$.
Proof. To obtain estimate (42) for $\left\{t>t^{0}\right\}$ we consider the barrier function

$$
w(x, t)=C^{\prime}\left(\rho_{0}, M\right)\left\{\left|x-x^{0}\right|^{2}+2 n\left(t-t^{0}\right)\right\}+\left(t-t^{0}\right),
$$

where $C^{\prime}\left(\rho_{0}, M\right)=\max \left\{C_{0}, M \rho_{0}^{-2}\right\}$ and $C_{0}=C_{0}\left(\rho_{0}, M\right)$ is the constant from Lemma 5.1. Using (29) for $t=t^{0}$ and the comparison principle one can easily verify that

$$
\begin{equation*}
\left.\left.|u(x, t)| \leqslant w(x, t) \quad \text { in } \quad B_{\rho_{0}}\left(x^{0}\right) \times\right] t^{0}, t^{0}+r^{2}\right] . \tag{43}
\end{equation*}
$$

Combination of (29) and (43) finishes the proof of (42).

Lemma 5.3. Let all the assumptions of Lemma 5.1 be valid. Then

$$
\begin{equation*}
\sup _{Q_{r\left(z^{0}\right)}}|D u| \leqslant C_{2} r \quad \text { for all } \quad r \leqslant \rho_{0} \tag{44}
\end{equation*}
$$

where $\rho_{0}>0$ is just the same as in Lemma 5.1, while $C_{2}$ is a positive constant completely defined by the values of $M$ and $\rho_{0}$.

Proof. We verify (44) for $z^{0} \in \Gamma_{\alpha}^{0}$. The case $z^{0} \in \Gamma_{\beta}^{0}$ is treated in a similar manner.

Let us choose an arbitrary $r \leqslant \rho_{0} / 2$ and consider a point $\tilde{z} \in Q_{r}\left(z^{0}\right)$. Further, we take identity (7) with $Q_{2 \rho}^{-}\left(z^{*}\right)$ replaced by $\left.Q_{r}^{-}(\tilde{z})\right)$ and plug in this identity a test-function

$$
\eta(x, t)=(u(x, t)-\alpha) \zeta^{2}(x)
$$

where $\zeta \in C_{0}^{\infty}\left(B_{r}(\tilde{x})\right)$ satisfying $0 \leqslant \zeta \leqslant 1$ and $|D \zeta| \leqslant c r^{-1}$. After standard transformations we get the inequality

$$
\begin{array}{r}
\left.\int_{B_{r}(\tilde{x})}(u-\alpha)^{2} \xi^{2} d x\right|^{\tilde{t}}+\int_{Q_{\tilde{r}}^{-}(\tilde{z})}|D u|^{2} \xi^{2} d x d t \leqslant\left.\int_{B_{r}(\tilde{x})}(u-\alpha)^{2} \xi^{2} d x\right|^{\tilde{t}-r^{2}}  \tag{45}\\
+c \int_{Q_{\bar{r}}^{-(\tilde{z})}}(u-\alpha)^{2}|D \xi|^{2} d x d t+c \int_{Q_{r}^{-}(\tilde{z})}|u-\alpha| \xi^{2} d x d t
\end{array}
$$

where $c$ stands for an absolute constant.
In view of (42) the right-hand side of (31) can be estimated from above by $2 c C_{1}\left(\rho_{0}, M\right) r^{n+4}$ which guarantees

$$
\int_{Q_{r}^{-}(\tilde{z})}|D u|^{2} \xi^{2} d x d t \leqslant 2 c C_{1} r^{n+4} .
$$

It remains only to observe that combination of the latter inequality with Eq. (27) and Fact 7.2 implies the estimate

$$
|D u(\tilde{z})| \leqslant \tilde{c} r
$$

which completes the proof.

## 6 Estimates of $\partial_{t} u$ and $D^{2} u$ beyond $\Gamma_{v}$

In this section we obtain the estimates of $\left|\partial_{t} u(\hat{z})\right|$ and $\left|D^{2} u(\hat{z})\right|$ in any $\hat{z}$ being a point of smoothness for $u$. We emphasize that these bounds do not depend on the parabolic distance from $\hat{z}$ to $\Gamma^{0}$ as well as to $\Gamma^{*}$. Unfortunately, we cannot remove the dependence of both bounds on the parabolic distance from $\hat{z}$ to $\Gamma_{v}$.

Lemma 6.1. Let $u$ satisfy (1), let $\hat{z} \in Q \backslash \Gamma(u)$, and let

$$
\operatorname{dist}_{p}\left\{\hat{z}, \Gamma_{v}\right\} \geqslant \rho_{0}>0, \quad \operatorname{dist}_{p}\left\{\hat{z}, \partial^{\prime} Q\right\} \geqslant \epsilon>0 .
$$

There exists a positive constant $C_{3}$ depending only on $\rho_{0}, \epsilon, M$ and $\beta-\alpha$ such that

$$
\begin{equation*}
\left|\partial_{t} u(\hat{z})\right| \leqslant C_{3} . \tag{46}
\end{equation*}
$$

Proof. Define $d_{0}=d_{0}(\hat{z}):=\min \left\{\operatorname{dist}_{p}\left\{\hat{z}, \Gamma^{0}\right\}, \rho_{0}, \epsilon / 2\right\}$. It is obvious that for any $\delta>0$

$$
Q_{d_{0} / 2}^{-}(\hat{x}, \hat{t}-\delta) \cap\left\{\Gamma^{0} \cup \Gamma_{v} \cup \partial^{\prime} Q\right\}=\emptyset
$$

However, $Q_{d_{0} / 2}^{-}(\hat{x}, \hat{t}-\delta)$ may contain the points of $\Gamma^{*} \backslash \Gamma_{v}$.

1. First, we consider the case $d_{0}=\operatorname{dist}_{p}\left\{\hat{z}, \Gamma^{0}\right\}$.

Using the same arguments as in the derivation of (10) in the proof of Lemma 3.1 we get for all test-functions $\eta \in W_{2}^{1,1}\left(Q_{d_{0} / 2}^{-}(\tilde{x}, \tilde{t}-\delta)\right)$
vanishing on $\partial^{\prime} Q_{d_{0} / 2}^{-}(\tilde{x}, \tilde{t}-\delta)$ the equality

$$
\begin{align*}
\int_{Q_{d_{0} / 2}^{-}(\hat{x}, \hat{t}-\delta)} & {\left[\partial_{t} u^{(\tau)} \eta+D u^{(\tau)} D \eta\right] d x d t }  \tag{47}\\
& =-\frac{1}{\tau} \int_{Q_{d_{0} / 2}^{-}(\hat{x}, \hat{t}-\delta)}(h[u](x, t)-h[u](x, t-\tau)) \eta d x d t
\end{align*}
$$

where $u^{(\tau)}$ denotes the difference quotient of $u$ in the $t$-direction. Plugging in (47)

$$
\eta(x, t)=\left(\partial_{t} u(x, t)-k\right)_{+} \xi^{2}(x, t), \quad k \geqslant 2 N_{*},
$$

where $\xi$ is a standard cut-off function for a cylinder $Q_{d_{0} / 2}^{-}(\hat{x}, \hat{t}-\delta)$ (see Notation), and $N_{*}$ is the constant from Corollary 3.3, we arrive at the relation

$$
\begin{align*}
& \quad \int_{Q_{d_{0} / 2}^{-}(\hat{x}, \hat{t}-\delta)}\left\{\partial_{t} u^{(\tau)}\left(\partial_{t} u-k\right)_{+} \xi^{2}+D u^{(\tau)} D\left[\left(\partial_{t} u-k\right)_{+} \xi^{2}\right]\right\} d x d t  \tag{48}\\
& =-\frac{1}{\tau} \int_{Q_{d_{0} / 2}^{-}(\hat{x}, \hat{t}-\delta)}\{h[u](x, t)-h[u](x, t-\tau)\}\left(\partial_{t} u-k\right)_{+} \xi^{2} d x d t .
\end{align*}
$$

Observe that due to Corollary 3.3 the distance from the set $\{$ supp $\eta\}$ to $\Gamma(u)$ is positive. Therefore, $\partial_{t} u$ is smooth on $\{$ supp $\eta\}$ and, consequently, the right-hand side of (48) vanishes if $\tau$ is small enough. In addition, we make take in (48) the cut-off function $\xi$ multiplied by the characteristic function of an interval $\left[\hat{t}-\delta-d_{0}^{2} / 4, t\right]$ with an arbitrary $\left.t \in] \hat{t}-\delta-d_{0}^{2} / 4, \hat{t}-\delta\right]$. This leads for sufficiently small $\tau$ to the inequalities

$$
\begin{gathered}
\int_{\hat{t}-\delta-d_{0}^{2} / 4}^{t} \int_{B_{d_{0} / 2}(\hat{x})}\left\{\partial_{t} u^{(\tau)}\left(\partial_{t} u-k\right)_{+} \xi^{2}+D u^{(\tau)} D\left[\left(\partial_{t} u-k\right)_{+} \xi^{2}\right]\right\} d x d t \leqslant 0 \\
\left.\forall t \in] \hat{t}-\delta-d_{0}^{2} / 4, \hat{t}-\delta\right]
\end{gathered}
$$

Now, we let in the latter inequalities $\tau \rightarrow 0$ and then tend $\delta \rightarrow 0$, leave the nonnegative terms in the left-hand side, transfer the rest terms to the right-hand side and estimate these rest terms from above
via Young's inequality. As a consequence, for $k \geqslant 2 N_{*}$ we get the inequalities

$$
\begin{gathered}
\left.\sup _{\hat{t}-d_{0}^{2} / 4<t<\hat{t}} \int_{B_{d_{0} / 2}(\hat{x})}\left(\partial_{t} u-k\right)_{+} d x\right|^{t}+\int_{Q_{d_{0} / 2}^{-}(\hat{z}) \cap\left\{\partial_{t} u>k\right\}}\left|D\left(\partial_{t} u\right)\right|^{2} \xi^{2} d x d t \\
\leqslant c \int_{Q_{d_{0} / 2}^{-}(\hat{z})}\left(\partial_{t} u-k\right)_{+}\left[|D \xi|^{2}+2 \xi\left|\partial_{t} \xi\right|\right] d x d t .
\end{gathered}
$$

Application of Fact 7.1 with $v=\partial_{t} u$ implies the estimate

$$
\begin{equation*}
\partial_{t} u(\hat{z}) \leqslant 2 N_{*}+N_{0} \sqrt{f_{Q_{d_{0} / 2}^{-}(\hat{z})}\left|\partial_{t} u\right|^{2} d x d t} \tag{49}
\end{equation*}
$$

In order to obtain a bound for the integral term on the right-hand side of (49) we take identity (7) with $Q_{2 \rho}^{-}\left(z^{*}\right)$ replaced by $Q_{d_{0}}^{-}(\hat{z})$ and plug in this identity a test-function

$$
\eta(x, t)=\partial_{t} u(x, t) \zeta^{2}(x)
$$

where $\zeta$ is a smooth cut-off function in $B_{d_{0}}(\hat{x})$ that equals 1 in $B_{d_{0} / 2}(\hat{z})$ and vanishes outside of $B_{3 d_{0} / 4}(\hat{x})$. After standard manipulations we end up with

$$
\begin{align*}
\int_{Q_{3 d_{0} / 4}^{-}(\hat{z})}\left|\partial_{t} u\right|^{2} \zeta^{2} d x d t & \leqslant c \int_{Q_{3 d_{0} / 4}^{-}(\hat{z})}\left(h^{2}[u] \zeta^{2}+|D u|^{2}|D \zeta|^{2}\right) d x d t \\
& \leqslant \tilde{c}\left(d_{0}\right)^{n+2}+\tilde{c}\left(d_{0}\right)^{-2} \int_{Q_{3 d_{0} / 4}^{-}(\hat{z})}|D u|^{2} d x d t  \tag{50}\\
& \leqslant \tilde{c}\left\{1+C_{1}^{2}\right\}\left(d_{0}\right)^{n+2}
\end{align*}
$$

where the last inequality follows from Lemma 5.3.
Thus, combination of (49) and (50) provides the estimate

$$
\partial_{t} u(\hat{z}) \leqslant 2 N_{*}+N_{0} \sqrt{\tilde{c}\left\{1+C_{1}^{2}\left(\rho_{0}, \epsilon \cdot M\right)\right\}} .
$$

Observe that the constant on the right-hand side of the above inequality does not depend on $d_{0}$, i.e., on the parabolic distance from $\hat{z}$ to $\Gamma^{0}$.
2. Suppose now that $d_{0}=\min \left\{\rho_{0}, \epsilon / 2\right\}$. In this case we repeat all the above up to deriving (49). Then we estimate the integral term on the right-hand side of (49) with the help of inequalities (4) with $q=2$. This gives us the bound

$$
\int_{Q_{d_{0} / 2}^{-}(\hat{z})}\left|\partial_{t} u\right|^{2} d x d t \leqslant N_{1}(\epsilon, 2, M)
$$

which together with (49) implies

$$
\partial_{t} u(\hat{z}) \leqslant 2 N_{*}+N_{0} N_{1}^{1 / 2}\left(\min \left\{\rho_{0}, \epsilon\right\}\right)^{-1-n / 2} .
$$

Again, the right-hand side of the latter bound is independent of the parabolic distance from $\hat{z}$ to $\Gamma^{0}$.

Repeating the above arguments for the function $-u$ instead of $u$ we complete the proof.

Lemma 6.2. Let $u$ satisfy the same assumptions as in Lemma 6.1. Then there exists a positive constant $C_{4}$ depending only on $\rho_{0}, \epsilon, M$ and $\beta-\alpha$ such that

$$
\begin{equation*}
\left|D^{2} u(\hat{z})\right| \leqslant C_{4} . \tag{51}
\end{equation*}
$$

Proof. Let $\hat{z} \in Q \backslash \Gamma(u)$ be fixed, and let $\nu=D u(\hat{z}) /|D u(\hat{z})|$. Suppose that $e$ is an arbitrary direction in $\mathbb{R}^{n}$ if $|D u(\hat{z})|=0$ and $e \perp \nu$ otherwise. We also define $d_{0}=d_{0}(\hat{z}):=\min \left\{\operatorname{dist}_{p}\left\{\hat{z}, \Gamma^{0}\right\}, \rho_{0}, \epsilon / 2\right\}$.

In view of our choice of $e$ we have $D_{e} u(\hat{z})=0$ and, consequently, we may apply Fact 7.4 to the sub-caloric functions $\left(D_{e} u\right)_{ \pm}$in $Q_{d_{0}}^{-}(\hat{z})$. From here, taking into account Lemma 5.3, we obtain the estimate

$$
\left|D\left(D_{e} u\right)(\hat{z})\right| \leqslant C_{4}\left(\rho_{0}, \epsilon, M, \beta-\alpha\right),
$$

where $C_{4}$ does not depend on $d_{0}$. Since $e$ is an arbitrary direction in $\mathbb{R}^{n}$ satisfying $e \perp \nu$, the derivative $D_{\nu}\left(D_{\nu} u(\hat{z})\right)$ can now be estimated from Eq. (1). Thus, we proved the desired inequality (51).

## 7 Appendix

For the readers convenience and for the references, we recall and explain several facts. Most of these auxiliary results are known, but probably not well known in the context used in this paper.

Fact 7.1. Let $r_{0} \in(0,1)$, and let $v \in V_{2}\left(Q_{r_{0}}^{-}\left(z^{*}\right)\right)$ satisfy the inequalities

$$
\begin{aligned}
\left.\sup _{t^{*}-r_{0}^{2}<t<t^{*}} \int_{B_{r_{0}}\left(x^{*}\right)}(v-k)_{+}^{2} \xi^{2} d x\right|^{t} & +\int_{Q_{r_{0}}^{-}\left(z^{*}\right)}\left[D\left((v-k)_{+}\right)\right]^{2} \xi^{2} d z \\
& \leqslant c \int_{Q_{r_{0}}\left(z^{*}\right)}(v-k)_{+}^{2}\left[|D \xi|^{2}+\xi\left|\partial_{t} \xi\right|\right] d z
\end{aligned}
$$

for all $k \geqslant k_{0}$ and all cut-off functions $\xi=\xi(x, t)$ defined in $Q_{r_{0}}^{-}\left(z^{*}\right)$ (see Notation). Here c stands for a positive constant.

Then there exists a positive constant $N_{0}=N_{0}(c)$ such that

$$
\sup _{Q_{r_{0} / 2}^{-}\left(z^{*}\right)} v \leqslant k_{0}+N_{0} \sqrt{f_{Q_{r_{0}}^{-}\left(z^{*}\right)} v^{2}(z) d z}
$$

Proof. For the proof of this assertion we refer the reader to (the proof of) Theorem 6.2, Chapter II [LSU67].

Fact 7.2. Let $\mathcal{D}$ be a domain in $\mathbb{R}^{n+1}$, and let $g^{i} \in L^{\infty}(\mathcal{D}), i=0,1, \ldots, n$. Then if $v \in V_{2}(\mathcal{D})$ is a solution of the equation

$$
H[v]=\operatorname{div} \vec{g}+g^{0}, \quad \vec{g}=\left(g^{1}, \ldots, g^{n}\right)
$$

in $\mathcal{D}$, we have, for any cylinder $Q_{2 R}^{-}\left(z^{0}\right) \subset \mathcal{D}$,

$$
\sup _{Q_{R}^{-}\left(z^{0}\right)}|v| \leqslant \hat{N}_{0} \sqrt{f_{Q_{2 R}^{-}\left(z^{0}\right)} v^{2} d x d t}+\hat{N}_{1} R\|\vec{g}\|_{\infty, Q_{2 R}^{-}\left(z^{0}\right)}+\hat{N}_{2} R^{2}\left\|g^{0}\right\|_{\infty, Q_{2 R}^{-}\left(z^{0}\right)}
$$

Proof. The validity of Fact 7.2 follows from results of $\S 6$ Chapter II and $\S 8$ Chapter III [LSU67] (see also Theorem 6.17 in [Lie96]).

We denote

$$
I\left(r, v, z^{*}\right)=\int_{t^{*}-r^{2}}^{t^{*}} \int_{\mathbb{R}^{n}}|D v(x, t)|^{2} G\left(x-x^{*}, t^{*}-t\right) d x d t
$$

where $\left.r \in] 0, \rho_{0}\right], z^{*}=\left(x^{*}, t^{*}\right)$ is a point in $\mathbb{R}^{n+1}$, a function $v$ is defined n the strip $\mathbb{R}^{n} \times\left[t^{*}-\rho_{0}^{2}, t^{*}\right]$, and the heat kernel $G(x, t)$ is defined by

$$
G(x, t)=\frac{\exp \left(-|x|^{2} / 4 t\right)}{(4 \pi t)^{n / 2}} \text { for } t>0 \text { and } G(x, t)=0 \text { for } t \leqslant 0 .
$$

To prove the quadratic growth estimate for solutions of (1), we need the following local version of the famous Caffarelli monotonicity formula (see [CS05]) for pairs of disjointly supported subsolutions of the heat equation.

Fact 7.3. Let $z^{*}=\left(x^{*}, t^{*}\right)$ be a point in $\mathbb{R}^{n+1}$, let $\xi_{\rho_{0}, x^{*}}:=\xi_{\rho_{0}, x^{*}}(x)$ be a standard time-independent cut-off function belonging $C^{2}\left(\bar{B}_{\rho_{0}}\left(x^{*}\right)\right)$, having support in $B_{\rho_{0}}\left(x^{*}\right)$, and satisfying $\xi_{\rho_{0}, x^{*}} \equiv 1$ in $B_{\rho_{0} / 2}\left(x^{*}\right)$, and let $\theta_{1}, \theta_{2}$ be nonnegative, sub-caloric and continuous functions in $Q_{\rho_{0}}^{-}\left(z^{*}\right)$, satisfying

$$
\theta_{1}\left(x^{*}, t^{*}\right)=\theta_{2}\left(x^{*}, t^{*}\right)=0, \quad \theta_{1}(x, t) \cdot \theta_{2}(x, t)=0 \quad \text { in } \quad Q_{\rho_{0}}^{-}\left(z^{*}\right) .
$$

Then, for $0<r<\rho_{0}$ the functional

$$
\Phi\left(r, \xi_{\rho_{0}, z^{*}}\right):=\Phi\left(r, \theta_{1}, \theta_{2}, \xi_{\rho_{0}, z^{*}}, z^{*}\right)=\frac{1}{r^{4}} I\left(r, \theta_{1} \xi_{\rho_{0}, z^{*}}, z^{*}\right) I\left(r, \theta_{2} \xi_{\rho_{0}, z^{*}}, z^{*}\right)
$$

satisfies the inequality

$$
\begin{equation*}
\Phi\left(r, \xi_{\rho_{0}, z^{*}}\right) \leqslant \frac{\tilde{N}}{\rho_{0}^{2 n+8}}\left\|\theta_{1}\right\|_{2, Q_{\rho_{0}}^{-}\left(z^{*}\right)}^{2}\left\|\theta_{2}\right\|_{2, Q_{\rho_{0}}^{-}\left(z^{*}\right)}^{2} \tag{52}
\end{equation*}
$$

with an absolute positive constant $\tilde{N}$.
Proof. Using the same arguments as in the proof of Lemma 2.4 and Remark after that in [ASU00] (see also Fact 1.6 and Remark 1.7 in [AU13]) one can get the inequality

$$
\begin{equation*}
\Phi\left(r, \xi_{\rho_{0}, z^{*}}\right) \leqslant \Phi\left(\rho_{0} / 2, \xi_{\rho 0, z^{*}}\right)+\frac{N^{\prime}}{\rho_{0}^{2 n+8}}\left\|\theta_{1}\right\|_{2, Q_{\rho_{0}}^{-}\left(z^{*}\right)}^{2}\left\|\theta_{2}\right\|_{2, Q_{\rho_{0}}^{-}\left(z^{*}\right)}^{2}, \tag{53}
\end{equation*}
$$

where $N^{\prime}$ is an absolute positive constant.
We claim that the first term on the right-hand side of (53) can be estimated via the second term. Indeed, it is evident that

$$
\begin{equation*}
\Phi\left(\rho_{0} / 2, \xi_{\rho_{0}, z^{*}}\right) \leqslant \frac{c}{\rho_{0}^{4}} I\left(\rho_{0}, \theta_{1} \zeta_{0}, z^{*}\right) I\left(\rho_{0}, \theta_{2} \zeta_{0}, z^{*}\right), \tag{54}
\end{equation*}
$$

where $\zeta_{0}=\zeta_{0}(x, t)=\xi_{\rho_{0}, z^{*}}(x) \varsigma_{\rho_{0}, z^{*}}(t)$, while $\varsigma_{\rho_{0}, z^{*}}$ stands for a nonnegative function belonging $C^{2}\left(\left[t^{*}-\rho_{0}^{2}, t^{*}\right]\right)$, having support in $\left[t^{*}-3 \rho_{0}^{2} / 4, t^{*}\right]$ and satisfiying $\varsigma_{\rho_{0}, z^{*}}(t) \equiv 1$ in $\left[t^{*}-\rho_{0}^{2} / 4, t^{*}\right]$.

On the other hand, functions $\theta_{i}, i=1,2$, are sub-caloric in $Q_{\rho_{0}}^{-}\left(z^{*}\right)$, i.e., $H\left[\theta_{i}\right] \geqslant 0$ in the sense of distributions. Since

$$
\left|D \theta_{i}\right|^{2}+\theta_{i} H\left[\theta_{i}\right]=\frac{1}{2} H\left[\theta_{i}^{2}\right]
$$

we have

$$
\begin{align*}
& \int_{t^{*}-\rho_{0}^{2}}^{t^{*}} \int_{\mathbb{R}^{n}}\left|D \theta_{i}(x, t)\right|^{2} \zeta_{0}^{2}(x, t) G\left(x-x^{*}, t^{*}-t\right) d x d t \\
& \quad \leqslant \frac{1}{2} \int_{t^{*}-r_{0}^{2}}^{t^{*}} \int_{\mathbb{R}^{n}} H\left[\theta_{i}^{2}(x, t)\right] \zeta_{0}^{2}(x, t) G\left(x-x^{*}, t^{*}-t\right) d x d t \tag{55}
\end{align*}
$$

After successive integration the right-hand side of (55) by parts we get

$$
\begin{aligned}
\int_{t^{*}-\rho_{0}^{2}}^{t_{\mathbb{R}^{n}}} \int\left|D \theta_{i}\right|^{2} \zeta_{0}^{2} G d x d t & =\int_{t^{*}-\rho_{0}^{2}}^{t^{*}} \int_{B_{\rho_{0}}\left(x^{*}\right)}\left|D \theta_{i}\right|^{2} \zeta_{0}^{2} G d x d t \\
& \leqslant-\left.\int_{B_{\rho_{0}}\left(x^{*}\right)}\left(\frac{\theta_{i}^{2}}{2} \zeta_{0}^{2} G\right) d x\right|_{t^{*}-\rho_{0}^{2} / 4} ^{t^{*}} \\
& +\int_{t^{*}-\rho_{0}^{2}}^{t_{0}^{*}} \int_{B_{\rho_{0}}\left(x^{*}\right)} \frac{\theta_{i}^{2}}{2} \zeta_{0}^{2}\left[\partial_{t} G+\Delta G\right] d x d t \\
& +\int_{t^{*}-\rho_{0}^{2}}^{t_{0}^{*}} \int_{B_{\rho_{0}}\left(x^{*}\right)} \theta_{i}^{2}\left[2 \zeta_{0} D \zeta_{0} D G+G\left|D \zeta_{0}\right|^{2}+G \zeta_{0} \Delta \zeta_{0}\right] d x d t \\
& +\int_{t^{*}}^{t^{*}} \int \theta_{i}^{2} G \zeta_{0}\left|\partial_{t} \zeta_{0}\right| d x d t \\
& =: J_{1}+J_{2}+J_{3}+J_{4} .
\end{aligned}
$$

It is evident that due to our choice of $\zeta_{0}$ we have $J_{1} \leqslant 0$.
Further, taking into account the relation

$$
\partial_{t} G+\Delta G=\partial_{t} G\left(x-x^{*}, t^{*}-t\right)+\Delta G\left(x-x^{*}, t^{*}-t\right)=0 \quad \text { for } \quad t<t^{*}
$$

we conclude that $J_{2}=0$.
Finally, we observe that the integral in $J_{3}$ is really taken over the set $\left.\mathcal{E}=] t^{*}-\rho_{0}^{2}, t^{*}\right] \times\left\{B_{\rho_{0}}\left(x^{*}\right) \backslash B_{\rho_{0} / 2}\left(x^{*}\right)\right\}$, while the integral in $J_{4}$ is taken over the set $\mathcal{E}^{\prime}=\left[t^{*}-\rho_{0}^{2}, t^{*}-\rho_{0}^{2} / 4\right] \times B_{\rho_{0}}\left(x^{*}\right)$. Therefore, in $\mathcal{E}$ we have the following
estimates for functions involved into $J_{3}$

$$
\begin{aligned}
\left|G\left(x-x^{*}, t^{*}-t\right)\right| & \leqslant \hat{c} \frac{e^{-\frac{\rho_{0}^{2}}{16\left(\rho_{0}^{2}-t\right)}}}{\left(\rho_{0}^{2}-t\right)^{n / 2}} \leqslant \hat{c} \rho_{0}^{-n} ; \\
\left|D G\left(x-x^{*}, t^{*}-t\right) D \zeta_{0}(x, t)\right| & \leqslant \hat{c}\left|G\left(x-x^{*}, t^{*}-t\right)\right| \frac{\left|x-x^{*}\right|}{\rho_{0}\left(\rho_{0}^{2}-t\right)} \\
& \leqslant \hat{c} \frac{e^{-\frac{\rho_{0}^{2}}{16\left(\rho_{0}^{2}-t\right)}}}{\left(\rho_{0}^{2}-t\right)^{1+n / 2}} \leqslant \hat{c} \rho_{0}^{-n-2} .
\end{aligned}
$$

Similarly, in $\mathcal{E}^{\prime}$ we have

$$
\left|G\left(x-x^{*}, t^{*}-t\right)\right| \leqslant \hat{c} \rho_{0}^{-n},
$$

and, consequently,

$$
J_{3}+J_{4} \leqslant \tilde{c} \rho_{0}^{-n-2} \iint_{Q_{\rho_{0}}^{-}\left(z^{*}\right)} \theta_{i}^{2} d x d t \leqslant \tilde{c} \rho_{0}^{-n-2}\left\|\theta_{i}\right\|_{2, Q_{\rho_{0}}^{-}\left(z^{*}\right)}^{2} .
$$

Thus, collecting all inequalities we get

$$
\begin{align*}
I\left(\rho_{0}, \theta_{i} \zeta_{0}, z^{*}\right) & \leqslant 2 \int_{t^{*}-\rho_{0}^{2}}^{t^{*}} \int_{B_{0}\left(x^{*}\right)}\left[\left|D \zeta_{0}\right|^{2} \theta_{i}^{2}+\left|D \theta_{i}\right|^{2} \zeta_{0}^{2}\right] G d x d t  \tag{56}\\
& \leqslant N^{\prime \prime} \rho_{0}^{-n-2}\left\|\theta_{i}\right\|_{2, Q_{\rho_{0}}^{-}\left(z^{*}\right)}^{2},
\end{align*}
$$

where $N^{\prime \prime}$ denotes a positive absolute constant.
Now, combination of (53), (54) and (56) finishes the proof of (52).

Fact 7.4. Let a continuous function $v$ in the cylinder $Q_{R}^{-}\left(z^{0}\right)$ satisfies the following conditions:

$$
\begin{aligned}
& v\left(z^{0}\right)=0 \\
& v \text { is differentiable at } z^{0} ; \\
& v_{ \pm} \text {are subcaloric in } Q_{R}^{-}\left(z^{0}\right) .
\end{aligned}
$$

Then

$$
\left|D v\left(z^{0}\right)\right| \leqslant \tilde{N}^{\prime} \sqrt{R^{-2} f_{Q_{R}\left(z^{0}\right)} v^{2} d x d t} .
$$

Proof. The above inequality follows directly from Fact 7.3.

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